



YOUNG LUNGS DANCE EXCHANGE


20TH ANNIVERSARY FESTIVAL

JUNE 26-29, 2025
SUNDAY, JUNE 29





Anaïs Bossé, Emma Beech, and Ali Robson, 'Relationships in Movement'
by Natasha Torres-Garner, 2025. Photo PJ Jordan



Young Lungs Dance Exchange recognizes our responsibility in reconciliation. We acknowledge that this sacred land that we are dancing on has been the site of dance for more than 15,000 years. We give thanks to the caretakers of this territory: the Anishinabek, Inninewak, Anishininew, Dakota, Red River Métis, and Dene Peoples.

We honour Treaty number 1 and our responsibility to peaceably share and care for the resources found here in the prairies.

Today, the place we now call Winnipeg is still home to many First Nations, Inuit and Red River Métis peoples from across Turtle Island.

We are grateful for the teachings of Indigenous peoples, colleagues, Elders, and peers, sharing traditional and contemporary Indigenous knowledge.

We are grateful for the ability to dance and celebrate, and for creative freedom on this land. We acknowledge ourselves as visitors living, working and dancing in this territory.

Message from the Artistic Director:

I am a choreographer today because of Young Lungs Dance Exchange. Twenty years ago this organization created a platform for dance makers like myself to create new work with peers, as well as foster an open and encouraging environment for collaboration with all art makers. I was thrilled at the opportunity to step into this position a year ago and offer back the abundance I have received.

Editing the book we created as part of our 20th Anniversary reminded me of the ground breaking work we were making and the conventions we were defying. Whenever I felt discouraged, my forever-mentor Tedd Robinson would remind me to focus on the work of collectives and organizations like Young Lungs Dance Exchange.

I am one player in a pool of many who have made this massive feat a reality. Former Director Zorya Arrow was given the task of planning our 20th Anniversary season two years ago. She selected 20 artists, myself being one. When I became Director in 2023, it was an obvious curatorial choice for me, to trade places with Zorya. To offer her the place of artist, dance maker, performer. As an artist-driven organization we dance around each other and share the layers of administrative and artistic periods.

As you dance through this festival I hope you feel a glimmer of how it all started, and a shaft of light from where it's going. Here's to 20 more years of artistic exchange.

With love and gratitude,



Alex Elliott

Executive Director and Festival
Artistic Director
Young Lungs Dance Exchange

Thank you to our funders, sponsors, and partners.



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CENTRE CULTUREL
FRANCO-MANITOBAIN

A note from the Programming Curators:

The festival offers a chance to witness an impressive 20 year retrospective of living contemporary dance here in this place. The range of work, the calibre of art and the joy of risk through seasons goes to show how important and necessary this dance exchange has been to artists of all disciplines, and audiences alike.

As curators we approached this invitation to organize the exchange of dance that would happen on each of the 4 days of the festival with the following considerations:

Practical needs

Moods and themes

Links from one piece to the other

And

Variety on each day

The breath of fresh air that Young Lungs so joyously invited into the room by opening the window here on Treaty 1 has been life giving, and industry changing. We hope you breathe in what the festival has to offer, and enjoy the exchange that happens back and forth, in and out.





Aria Evans

Each program is its own constellation, with artists in conversation through movement, style, and energy - distinct voices orbiting a common centre. Connections started to emerge - shared themes, common threads in how artists were thinking and moving, while also uplifting the varied approaches to making..->



Luther Konadu

There's a wealth of variety in this celebratory showcase which made the work of curating rather galvanizing. I wanted to pass some of that eclectic and inspiring experience to audiences across each day of the festival. In this way, the public comes away discovering and learning something new upon every visit..->



Charlene van Buekenhout

Connections shining through for me were those of bodies and vessels engaging with varying spaces, textures, and lifecycles from the tactility of earth, to the atmosphere of imagination and how these meet, merge, and move together. I saw the journey through experience and beyond, with artists investigating the movement of life, death, and spirit through these cycles..->

Show Order: Sunday, June 29 @ 2PM

D-Anne Kuby

Coral Leander Maloney

Natasha Torres-Garner

INTERMISSION

Sasha Amaya

Tanja Faylene Woloshen

D-ANNE KUBY



D-Anne Kuby is of Slavic and Anglo Saxon descent. She has been working in dance since the late 70's. Performer, teacher, choreographer, rehearsal director, producer/administrator. In the mid 90's she took a step away from performing to study film at Simon Fraser University. She quickly became much sought after for video work in the Vancouver dance community. In 2005 D-Anne felt the pull of the prairies and headed to Regina as manager of New Dance Horizons. Full time admin led to burn out. In 2008 she moved back to Winnipeg. To rest. She slowly reconnected with performance working with artists including, but not limited to Doug Melnyk, Maggie Nagle, Ian Mozazen and Zorya Arrow.

YLDE has been instrumental in fanning the flame of her passion for movement. D-Anne combines her movement practice with "just sitting" as they both pull her into her body, the root of her existence.

D-ANNE KUBY

"last days" is a durational work happening in the Gallery throughout the festival.

Thursday, Friday, Saturday 6:15pm - 10:00pm
Sunday 1:15pm - 5:00pm

Viewers are encouraged to watch for as little or as long as they like, and to feel free to chat with each other the way they might while looking at a painting, sculpture, or installation.

Concept/choreography: D-Anne Kuby
Creative consultant/assistant: Zorya Arrow
Performers: D-Anne Kuby and Zorya Arrow
Sound Design: Erin Buelow

Huge thanks to YLDE. And to the myriad individuals, both living and dead, who inhabit this work.

"last days" was developed with the financial assistance of the Manitoba Arts Council.

CORAL LEANDER MALONEY



[++++euro/±latina/~unspecified borders] [Atkinson Wurz Amaya Torres Krysska] is an interdisciplinary artist and performance-maker based in Kijipuktuk/Halifax. Her independent work is frequently experimental and works across theatre, performance art and installation, inviting individual and collective reckoning and making queer mischief through embodied experience. Coral has performed and presented with Young Lungs Dance Exchange, out of line theatre co-op, The Villains Theatre, Adhere & Deny, Zuppa Works and in many other collaborations and experiments. Recent work includes *Pretty Much Anywhere in the World* (2025), an experimental video performance work as part of sh.ap.ED & sh.IF.ted performance festival, and installation-performance “fence proof” (2024). Coral is currently working with Colleen Arcturus MacIsaac on a new collaboration entitled *Harsh Weather*. Love and thanks to my sweet family. www.coralmaloney.ca

CAROL LEANDER MALONEY

Tiny Alveoli

Director/Maker: Coral Maloney

Performers: Charlene Van Buekenhout, Coral Maloney

Composer: Jackson Fairfax-Perry

Special Thanks to: Colleen Arcturus MacIsaac, Cora Wiens, Scott Anderson, Tanner Manson, Gaby Ortiz, Alex Elliott, jaymez, Paige Lewis. Much gratitude to the expanding and ever-shifting YLDE, who has breathed in and out for long enough to have raised and nurtured so many artists.

I am quite confident that even as the oceans boil, and the hurricanes beat violently against our once safe shores, and the air sweats with the heat of impending doom, and our fists protest the denial of climate justice, there is a path to take that has nothing to do with victory or defeat: a place we do not yet know the coordinates to; a question we do not yet know how to ask.

--- Bayo Akomolafe

Note from the artist:

Growing up with Young Lungs Dance Exchange was an integral part of my early artistic development, and Young Lungs continues to inspire and support many of us from afar. What a delight to share Tiny Alveoli with you all and to participate in this joyful celebration! We are living in times that we promised we would never allow. Let's make art that is weird enough to scare us and strong enough to hold us all.

CAROL LEANDER MALONEY

Collaborators:

Charlene Van Buekenhout is red river michif belgian canadian theatre artist and creator living on treaty 1. She is the Artistic Producer for Echo Theatre. Charlene's theatre interests are many and she loves to play and learn! You may have seen her as the non-singing co-lead in the opera Li Keur: Riel's Heart of The North. Recent work with Southern Michif language has sprouted shows for young audiences: Minoosh Doo-Kapeeshiw (about a cat who goes camping), and with the Southern Michif Performers a play in development called Doo-Pashkishok Lii Padrii (about acquiring tasty partridges for dinner).

Jackson Fairfax-Perry (he/him) is an award winning African Nova Scotian composer, sound designer, musician and musical director living in Kijipuktuk, Mi'kma'ki (Halifax, Nova Scotia). For years, Jackson has honed his skills as an in demand saxophonist and keyboardist both on the road and locally with artists such as Hillsburn and David Myles, among others. He collaborates frequently with local hip hop and r&b artist Aquakultre, co-writing songs and working as the musical director for his live band. A prominent collaborator with local theatre and dance artists, Jackson has composed and created sound designs for companies such as 2b theatre company, Eastern Front Theatre, Ship's Company Theatre, and Mocean Dance among numerous others. Recent credits include Matriarchs (Aquakultre, Nocturne), Dance Nation (Keep Good (Theatre) Company, Heist), Sea Unseen (Mocean Dance, The Sable Island Institute), Deepwater (The Villains Theatre) and Downed Hearts (Ship's Company Theatre).

NATASHA TORRES-GARNER



Weather Parade Dance Theatre (WPDT) is a Winnipeg collective made up of artists Ali Robson and Natasha Torres-Garner. WPDT produces performance based in a shared interest in collaboration, improvisation, and intergenerational relationships. As co-directors of WPDT, Torres-Garner and Robson draw on a history of 25 years working together as performers, choreographers and presenters. To date WPDT has produced 5 productions since 2015, performances varying between duets performed by co-directors, to large multi-generational group performances.

Co-director Natasha Torres-Garner simultaneously works as a Relational and Family Therapist. Present research for WPDT has allowed Torres-Garner to lead collaborators through structured improvisations that explore dynamics in intimate and family relationships, therefore creating a bridge between Torres-Garner's two creative disciplines.

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"Relationships in Movement" is Weather Parade Dance Theatre's present research lead by co-director Natasha Torres-Garner. Torres-Garner has lead collaborators through structured improvisations that explore dynamics in intimate and family relationships. The research is intended to offer another way for movement to be integrated into therapies, through witnessing relationships in movement, and creating connections as the viewer. The research will be presented in a 'show and tell' format.

NATASHA TORRES-GARNER

Questions for the audience:

-How might knowing the background and motivation of this work affect how you watch it, or what you take from it?

-Is your experience watching something that has a therapeutic inspiration different than watching other performances?

-The work is all based on structured improvisations. Does knowing this affect how you watch it, or what you take from it?

-What do you relate to?

NATASHA TORRES-GARNER

Artists involved:

Director
Natasha Torres-Garner

Artistic Collaborators:

Ali Robson
Johnathan Bevan
Anna Bevan
Finley Bevan
Lewis Bevan
Emma Beech
Anaïs Bosse

Research Consultants:

Ali Robson
Lise McMillan

Composer:

Ashley Au

Videography:

PJ Jordan

Thank you to:

Manitoba Arts Council
Space to Create

SASHA AMAYA



Sasha Amaya is a dancer, choreographer, and installation artist. Amaya is occupied with form, new techniques, and othered forms of being and knowing. Drawing on tradition, virtuosity, and impossibility, her works take up movement, dance, collage, text, and architectural surrounds as means to revisit the dynamics of the art historical and speculative. In doing so, she utilizes, rejects, reframes, and repurposes myths, narratives, and techniques in contemporary art work as part of a broader illumination and reconfiguration of the relationship between politics, aesthetics, and the possible. Shown in both visual art and choreographic contexts, her works are known for their combination of play and precision, her biting revisions of the art historical, and the body as a radical agent of form. Works have shown across the Americas and Europe. www.sasha-amaya.com

SASHA AMAYA

NA NA NA + ON FORM & FICTION

Sasha Amaya presents her participatory installation Na na na flowing into her performance lecture On Form & Fiction.

Na na na is a participatory installation moving between the text of Joseph Beuys, Hannah Arendt, and contemporary yoga and somatic practices rhetoric. With a critical eye to unwinding the ways in which critical provocations once made by artists and philosophers mid-century – once startling enough to bring the guffaws of crowds and the a fury of debate – are now greeted as evident truths at best, platitudes at worst. I hear, for instance, Beuys's aphorisms echoed back to me by my peers, in community forums, and in yoga studios, diffused rapidly into contexts so that they appear as evident "goods" about how we ought to be thinking about art and how we ought to be working.

This meditation is, therefore, an invitation to both visit the seed of so much of Beuysian and mid-20th century art critical thought which still underpins much of our speaking and writing about art work, to remain critical of the way it has infiltrated and continues to influence how we think and speak about our world today.

Following this guided meditation, Sasha Amaya performs her performance lecture On Form & Fiction, which explores that which sits at the nexus of what is desirable and problematic. Moving through the works with her voice and body, she shares motivations for reimagining the art historical canon as an outsider, and shares excerpts from the trilogy On Form & Fiction, including Sarabande, Solo for Boy, and Orfeo.

www.sasha-amaya.com

TANJA FAYLENE WOLOSHEN



Independent Dance Artist/ Educator/ Collaborator. From & currently creating on Treaty 1. Performed & studied across N.A., EU, and SE Asia. Some recent things~
creation/performance: "Underlander" (2024) Bikes & Circuses; creation/film: "Field of Desire" (2023);
creation/performance: "Beautiful Loser" Art Holm (2021);
National Dance Ed. Assoc. Conf. Presenter (2022, 2021);
Dance Studies Assoc. Conf. Presenter (2022, 2019); One Trunk Theatre's "Western Chronicle"- choreographer (2021);
"Memorials for Lost Bodies" (2020) Happy Phantoms Collective. Tanja is currently on faculty with the Winnipeg Holistic Expressive Arts Therapy Institute, and Winnipeg School Division, with prior teaching engagements at ULethbridge, Winnipeg, UBC-Okanagan, MTYP, The Wellness Institute, & RWB. Tanja is honoured to be dancing with her mom. (Love you).

TANJA FAYLENE WOLOSHEN

Cat's Cradle

"Cat's Cradle", investigates a relationship of love, with our precarious relationships to deep time, first premiering in Lethbridge, Alberta in 2023, as part of the Waking Death Arts and Event Series. This work is a section of a larger dance work in development, entitled Field of Desire. "Cat's Cradle", is a moving meditation about the fascia of anticipatory grief, grief cycles, and the tensions of loving and letting be.

concept & direction: Tanja Faylene Woloshen with Diane Lorraine Woloshen

performance by: Tanja Faylene Woloshen & Diane Lorraine Woloshen

costumes: Tanja Faylene Woloshen

sound arrangement: Myles Burdeniuk

performance dedications: For Anne, & Diesel

thank you: YLDE, Mom, Dad, J, and Mia for the 2023 invite

Collaborator:

Diane Lorraine Woloshen was raised an Interlake farm girl but decidedly prefers an urban livelihood. Diane's keen interests include family, cooking, gardening, reading, walking, bike-riding, and round-the-world adventures by car, plane, or ship with her husband of 57 years. Diane has participated in walk and dragon boat events to support ovarian and breast cancer research. Although Diane has enthusiastically attended most of her daughter's performances, and supports many dance and theatre productions, this work is her very first creative process and second stage performance.

Young Lungs Dance Exchange 20th Anniversary Festival

Curators

Aria Evans
Charlene van Beukenhout
Luther Konadu

Artistic Director

Alex Elliott

Programming Manager

Gaby Ortiz

Marketing and Promotion

Erica Urías

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David Oro

Production Manager

Tanner Manson

Lighting + Technical Director

jaymez

Stage Manager

Paige Lewis

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Josh Ranville

Technician and Assistant Stage Manager

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Volunteer Coordinator

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Acknowledgements:

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Tanja Faylene Woloshen and Diane Lorraine
Woloshen, 'Cat's Cradle' by Faylene Woloshen, 2023.
Photo Loc Lu



Finley Bevan and Johnathan Bevan, 'Relationships in Movement' by Natasha Torres-Garner, 2025.
Photo PJ Jordan

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Lise McMillan and Jaime Black-Morsette in research by Black-Morsette, 2017. Photo by Leif Norman

